

**2<sup>nd</sup> Annual Transcendence 12 Hour Ultra**  
**Olympia, WA**  
**August 14, 2011**  
**6 AM – 6 PM**

Presented by Guerilla Running with the grateful participation of dozens of volunteers, Ontherunevents.com, Swing Wine Bar, Cascadia Grill, Integrated Sports Medicine, Bliss Investments, Penrose Physical Therapy, Watershed Preserve 12 Hour Run Crew, NUUN, Nathan Sports, Alpine Experience, South Sound Running

A USATF Certified (WA10040MN) and Sanctioned Event. 1.5239 mile loop.

Temperatures were ideal for August conditions. 6:00 AM – 56 degrees; 12:00 PM – 64 degrees; 5:00 PM – 67 degrees. Light wind and occasional light rain.

Four competitors bettered the 2010 men's course record set last year by Matt Carrell and three women tied or bettered the 2010 record set by Holly Goodwin-Chittendon.

Jesse Stevick, a 5-time Capital City Marathon winner, ran an impressive 80.76 miles in his first run over 55k. Fellow Olympia resident Matt Carrell made sure Stevick earned his lead, giving him a strong challenge for over half the day before Stevick gained an un-catchable lead with an 8:47 per mile pace. Dan Kuhlman of Tacoma finished 3<sup>rd</sup> overall in the open division.

Master's runner Jay Sloane (Bellingham, WA) finished fourth overall with 71.6 miles. 69 year old veteran runner Max Welker (Tacoma, WA) completed an outstanding 59.4 miles to finish 11<sup>th</sup> overall.

The women's race was competitive with many leader changes throughout the day. Jessica Bienvenue of Lake Forest Park, WA pulled into the lead with a 11:44 mile pace around mid-day and held on for a new course record of 40 laps and 60.9 miles. Tracy Marshall (Richmond, BC) finished 2<sup>nd</sup> overall and first among masters runners. She was shadowed by Kim Kuhlmann of Tacoma and Marilou Russell (Olympia) who each finished a lap behind Bienvenue.

77 year old Barbara Macklow of Bellingham, WA ran for 8 hours and 20 minutes and completed 32 miles.

Place	Bib#	Name	Age	Miles Run	Time Run	Total laps
1	181	Jesse Stevick	29	80.767 *	11:49:54	53
2	169	Matthew Carrell	26	77.719	11:53:21	51
3	135	Daniel Kuhlmann	28	71.623	11:53:38	47
4	178	Jay Sloane	48	71.623	11:55:48	47
5	155	Mike Schlecht	41	67.052	11:51:05	44
6	180	Stephen Petretto	31	67.052	11:53:12	44
7	159	Steve Walters	31	62.48	11:19:45	41
8	122	Ronald Frederick	44	62.48	11:38:48	41
9	108	Jessica Bienvenue	32	60.956 *	11:55:41	40
10	179	Phil Gore	47	59.432	11:53:43	39
11	170	Max Welker	69	59.432	11:55:27	39
12	106	Martin Bavuso	65	57.908	11:40:06	38
13	123	Andy Fritz	45	57.908	11:42:23	38
14	171	Tracy Marshall	47	57.908	11:54:16	38
15	136	Kimberly Kuhlmann	32	57.908	11:56:41	38
16	128	Jill Hudson	49	56.384	11:41:48	37
17	152	Marilou Russell	50	56.384	11:44:01	37
18	150	Zach Proffitt	35	54.86	11:45:42	36

19	115	Terry Downey	47	54.86	11:52:15	36
20	154	Del Scharffenberg	66	54.86	11:54:46	36
21	127	Esther Holman	47	54.86	11:55:51	36
22	117	Stephanie Duncan	39	53.336	11:42:49	35
23	158	Linda Walter	59	53.336	11:46:30	35
24	168	Dan Bowman	62	51.813	11:19:19	34
25	146	Hideko Opperman	43	51.813	11:25:44	34
26	116	Sarah Duncan	46	51.813	11:39:38	34
27	184	Ryan McNight	38	51.813	11:42:28	34
28	165	Guy Yogi	57	50.289	10:32:10	33
29	172	Dina Bennett	47	50.289	10:39:37	33
30	50	Ashley Kuhlmann	25	50.289	11:17:46	33
31	148	Monte Pascual	51	50.289	11:32:09	33
32	175	Jason Ryan	37	50.289	11:42:06	33
33	157	John Wallace III	35	50.289	11:42:45	33
34	142	Mark McCabe	45	48.765	11:29:30	32
35	113	Janna Cox	48	48.765	11:48:22	32
36	111	Brenda Brenneis	46	48.765	11:48:24	32
37	147	Rachael Parker	42	48.765	11:54:25	32
38	141	Kristin Malek	25	48.765	11:56:13	32
39	174	Robert Lopez	45	48.765	11:56:16	32
40	153	John Schaphorst	47	45.717	11:29:32	30
41	139	Robert Lynes	72	45.717	11:45:03	30
42	145	Cyndie Merten	54	45.717	11:45:51	30
43	137	Mike Kuhlmann	61	42.669	11:21:11	28
44	132	Tory Klementson	46	42.669	11:46:56	28
45	151	Lisa Reid	46	42.669	11:46:59	28
46	119	Deborah Evdemon	43	42.669	11:47:00	28
47	166	Marie Zorns	47	42.669	11:47:01	28
48	101	Hannah Anderson	21	42.669	11:48:05	28
49	129	Jennifer Huffman-Swift	42	41.145	11:44:48	27
50	162	Wildman Willett	56	41.145	11:47:35	27
51	138	Amy Lynes	45	41.145	11:52:51	27
52	173	Patti Krebsbach	48	36.574	10:01:37	24
53	176	Leslie Gesher	48	36.574	11:16:39	24
54	143	Raychel McCarty	47	36.574	11:44:19	24
55	104	Rose Bak	43	36.574	11:50:01	24
56	177	James Klarich	48	35.05	06:55:07	23
57	126	Rod Haines	42	35.05	08:02:07	23
58	105	William Baldyga	39	35.05	08:21:59	23
59	112	Jane Buck	49	35.05	10:01:39	23
60	109	Janice Bondar	57	35.05	10:18:20	23
61	163	Esther Williams	34	35.05	11:42:18	23
62	130	Jae-Byung Jung	40	33.526	06:04:15	22
63	167	Diana Robinson	44	33.526	06:19:15	22
64	110	Linda Bondar	63	33.526	10:18:15	22
65	120	Brigid Flynn	40	33.526	11:34:19	22
66	124	Danielle Frost	35	32.002	05:36:13	21
67	156	Robert Stretz	43	32.002	06:40:11	21
68	140	Barbara Macklow	77	32.002	08:20:11	21
69	161	Eric Wildt	39	28.954	05:12:03	19
70	164	Steven Yee	52	28.954	08:56:18	19

71	121	Craig Foster	49	27.43	05:33:51	18
72	144	Sara McMahon	31	25.906	07:27:37	17
73	103	Judith Auten	46	22.859	06:49:05	15
74	131	Kelly Hutchins	39	15.239	03:02:56	10
75	114	Paige Denison	46	0.0	00:00:00	0
76	118	Jennifer Edwards	36	0.0	00:00:00	0
77	125	Holly Goodwin-Chittenden	52	0.0	00:00:00	0
78	160	Karen Wiggins	52	0.0	00:00:00	0
79	133	Susan Kokesh	44	0.0	00:00:00	0
80	107	Todd Bellamy	47	0.0	00:00:00	0
81	102	Mercedes Atwood	34	0.0	00:00:00	0
82	149	Michelle Pettinger	41	0.0	00:00:00	0
83	182	Lorie Alexander	64	0.0	00:00:00	0